



# **Student Hand Book**

## **Lecture Modules**

# **DIPLOMA IN PHARMACEUTICAL SCIENCES**

**(PHARMACIST'S COURSE - EXTERNAL)**

**FOR**

**“SRI LANKA MEDICAL COUNCIL REGISTRATION”**



**INSTITUTE OF MEDICINE AND HEALTH SCIENCES (IMHS) SRI  
LANKA**

# A/L RESULT නිවැරදි

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**IMHS  
PHARMACIST  
COURSE** එකට  
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**BIO / MATHS / AGRI**  
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077 802 5050



# IMHS

INSTITUTE OF MEDICINE AND  
HEALTH SCIENCES

NEW INTAKE

## Diploma in PHARMACEUTICAL SCIENCES

for Sri Lanka Medical Council  
Registration

Qualifications:  
Advance Level with Chemistry

Online- 



077 802 5050

info.imhsedu@gmail.com

<b>Module</b>	<b>Topic</b>
<b>Anatomy , Physiology, Pathology, Pharmacology</b>	
<b>Module 01</b>	<b>CELL BIOLOGY &amp; HUMAN STRUCTURE</b>
	<b>ROUTES OF ADMINISTRATION</b>
	<b>INTRODUCTION TO PHARMACOLOGY</b>
	<b>METHODOLOGY OF CLINICAL TRIALS</b>
	<b>PHARMACOKINETICS AND PHARMACODYNAMICS</b>
	<b>BRITISH NATIONAL FORMULARY</b>
	<b>PHARMACOPOEIA</b>
<b>Module 02</b>	<b>ANATOMY AND PHYSIOLOGY OF HUMAN GASTROINTESTINAL TRACT</b>
	<b>PATHOLOGY OF HUMAN GASTROINTESTINAL TRACT</b>
	<b>MEDICATIONS USED IN PEPTIC ULCER</b>
	<b>LAXATIVE MEDICATIONS FOR CONSTIPATION</b>
	<b>MEDICATIONS USED FOR DIARRHEA</b>
	<b>REHYDRATION THERAPY &amp; ORS</b>
	<b>MEDICATIONS USED FOR VOMITING AND MOTION SICKNESS</b>
<b>Module 03</b>	<b>ANATOMY AND PHYSIOLOGY OF HUMAN RESPIRATORY SYSTEM</b>
	<b>PATHOLOGY OF HUMAN RESPIRATORY SYSTEM</b>
	<b>MEDICATIONS USED FOR ASTHMA AND COPD</b>
	<b>MEDICATIONS USED FOR ALLERGIC DISORDERS</b>

<b>Module 04</b>	<b>ANATOMY AND PHYSIOLOGY OF CARDIOVASCULAR SYSTEM</b>
	<b>PATHOLOGY OF CARDIOVASCULAR SYSTEM</b>
	<b>HYPERTENSION</b>
	<b>ANGIOTENSIN CONVERTING ENZYME INHIBITORS (ACEIs)</b>
	<b>ANGIOTENSIN II RECEPTOR BLOCKERS</b>
	<b>CALCIUM CHANNEL BLOCKERS</b>
	<b>ADRENERGIC RECEPTOR BLOCKERS</b>
	<b>MEDICATIONS USED FOR ANGINA</b>
	<b>MEDICATIONS USED FOR CARDIAC-ARRHYTHMIAS</b>
<b>Module 05</b>	<b>MEDICATIONS USED FOR CARDIAC FAILURE</b>
	<b>HEMOSTASIS AND THROMBOSIS</b>
	<b>ANTICOAGULANT MEDICATIONS</b>
	<b>ANTIPLATELET MEDICATIONS</b>
	<b>FIBRINOLYTICS AND ANTIFIBRINOLYTICS</b>
	<b>LIPIDS, LIPOPROTEINS &amp; HYPERLIPIDAEMIA</b>
	<b>MEDICATIONS USED FOR HYPERLIPIDAEMIA</b>
	<b>ANATOMY AND PHYSIOLOGY OF HUMAN URINARY SYSTEM</b>
<b>DIURETICS MEDICATIONS</b>	

<b>Module 07</b>	<b>ANATOMY AND PHYSIOLOGY OF HUMAN ENDOCRINE SYSTEM</b>
	<b>PATHOLOGY OF HUMAN ENDOCRINE SYSTEM</b>
	<b>THYROID GLAND AND RELATED MEDICATIONS</b>
	<b>PANCREAS AND DIABETES MELLITUS</b>
	<b>INSULIN USED FOR DM</b>
	<b>HYPOGLYCEMIC MEDICATIONS FOR DM</b>
	<b>ADRENAL GLAND AND CORTICOSTEROIDS</b>
<b>Module 08</b>	<b>ANATOMY AND PHYSIOLOGY OF HUMAN REPRODUCTIVE SYSTEM</b>
	<b>HORMONES RELATED TO HUMAN REPRODUCTIVE SYSTEM</b>
	<b>MEDICATIONS USED FOR HUMAN REPRODUCTIVE SYSTEM</b>
	<b>CONTRACEPTION AND CONTRACEPTIVES</b>
<b>Module 09</b>	<b>BONES METABOLIOSM &amp; RELATED HORMONES</b>
	<b>MEDICATIONS FOR METABOLIC BONE DESORDERS</b>
	<b>INFLAMMATION AND ANTI-INFLAMMATORY DISORDERS</b>
	<b>NON-STEROIDAL ANTI-INFLAMMATORY DRUGS (NSAIDs)</b>
	<b>MEDICATIONS FOR RHEUMATOID ARTHRITIS</b>
	<b>MEDICATIONS FOR GOUT ARTHRITIS</b>
	<b>ANESTHETIC MEDICATIONS</b>
	<b>PAIN AND ANALGESICS</b>

<b>Module 10</b>	<b>INFECTIONS &amp; ANTI-INFECTIVE MEDICATIONS</b>
	<b>PENICILLIN ANTIBIOTICS</b>
	<b>CEPHALOSPORIN ANTIBIOTICS</b>
	<b>PROTEIN SYNTHESIS INHIBITORS ANTIBIOTICS</b>
	<b>NUCLEIC ACIDS SYNTHESIS INHIBITORS ANTIBIOTICS</b>
	<b>MEDICATIONS FOR VIRAL INFECTIONS</b>
	<b>MEDICATIONS FOR FUNGAL INFECTIONS</b>
	<b>MEDICATIONS FOR PROTOZOAN DISEASES + MALARIA</b>
	<b>MEDICATION FOR HELMINTHIC INFECTIONS</b>
	<b>MEDICATION FOR TUBERCULOSIS (TB)</b>
	<b>MEDICATIONS FOR LEPROSY</b>
<b>Module 11</b>	<b>ANATOMY AND PHYSIOLOGY OF HUMAN NERVOUS SYSTEM</b>
	<b>DRUGS ACTING ON AUTONOMIC NERVOUS SYSTEM</b>
	<b>CENTRAL NERVOUS SYSTEM</b> - <b>MEDICATIONS USED FOR SCHIZOPHRENIA</b>
	<b>CENTRAL NERVOUS SYSTEM</b> - <b>MEDICATIONS USED FOR MANIA</b>
	<b>CENTRAL NERVOUS SYSTEM</b> - <b>MEDICATIONS USED FOR DEPRESSIO</b>
	<b>CENTRAL NERVOUS SYSTEM</b> - <b>MEDICATIONS USED FOR BIPOLAR DISORDERS</b>
	<b>CENTRAL NERVOUS SYSTEM</b> - <b>MEDICATIONS USED FOR ANXIETY</b>

	<b>CENTRAL NERVOUS SYSTEM</b> - <b>MEDICATIONS USED FOR INSOMNIA</b>
	<b>CENTRAL NERVOUS SYSTEM</b> - <b>MEDICATIONS USED FOR DEMENTIA</b>
	<b>CENTRAL NERVOUS SYSTEM</b> - <b>MEDICATIONS USED FOR PARKINSONISM</b>
	<b>CENTRAL NERVOUS SYSTEM</b> - <b>MEDICATIONS USED FOR EPILEPSY</b>
<b>Module 12</b>	<b>VITAMIN &amp; ESSENTIAL MINERALS</b>
	<b>POISONS &amp; ANTIDOTE MEDICATIONS</b>
	<b>MEDICATIONS FOR CANCER / CYTOTOXIC MEDICINES</b>
	<b>IMMUNIZATION AND NATIONAL IMMUNIZATION PROGRAM</b>
	<b>CKD &amp; DIALYSIS</b>
	<b>NATURAL PRODUCTS USED IN PHARMACEUTICAL INDUSTRY</b>
<b>Forensic Pharmacy - Pharmacy Law &amp; Ethics</b>	
<b>Module 13</b>	<b>FORENSIC PHARMACY INTRODUCTION</b>
	<b>MEDICAL ORDINANCE</b>
	<b>NATIONAL MEDICINES AND REGULATORY AUTHORITY ACT AND REGULATION (NMRA ACT &amp; REGULATION)</b>
	<b>POISONS, OPIUM AND DANGEROUS DRUGS ORDINANCE (PODDO)</b>



## Pharmaceutics Related

### Module 14

**INTRODUCTION TO PHARMACEUTICS**

**PRESCRIPTIONS RELATED**

**SPECIAL DRUG DELIVERY SYSTEMS**

**SURGICAL AND MEDICAL DEVICES**

**ANTISEPTICS AND DISINFECTANTS**

### Module 15

**INTRODCUTION OF PHARMACEUTICAL DOSAGE FORMS**

**INTRODUCTION OF SOLID DOSAGE FORMS**

**POWDER DOSAGE FORMS**

**TABLETS**

- **TABLET MANUFACTURING**
- **TABLET TESTING/QC**

**CAPSULES**

- **HARD GELATIN CAPSULES**
- **SOFT CAPSULES**
- **CAPSULE TESTIN/QC**

**SOPPOSITORIES & PESSARIES**

### Module 16

**INTRODUCTION OF LIQUID DOSAGE FORMS**

**PHARMACEUTICAL SOLUTIONS**

**PHARMACEUTICAL SUSPENSIONS**

**PHARMACEUTICAL EMULSIONS**

**SEMI-SOLID DOSAGE FORMS**

**GAS DOSAGE FORMS**

<b>Module 17</b>	<b>PHARMACEUTICAL PACKAGING</b>
	<b>STERILIZATION OF PHARMACEUTICALS &amp; STERILE PHARMACEUTICAL PRODUCTS</b>
	<b>PHARMACEUTICALS DEGRADATIONS &amp; STABILITY OF PHARMACEUTICALS</b>
<b>Module 18</b>	<b>INTRODUCTION OF UNIT OPERATIONS TO PHARMACEUTICAL INDUSTRY</b>
	<b>PARTICLE SIZE REDUCTION</b>
	<b>MIXING</b>
	<b>DRYING</b>
	<b>FREEZE DRYING</b>
	<b>FILTRATION</b>
	<b>CENTRIFUGATION</b>
	<b>EVAPORATION</b>
	<b>DISTILLATION</b>
	<b>EXTRACTION</b>
	<b>Module 19</b>
<b>GOOD PHARMACY PRACTICES</b>	
<b>PHARMACEUTICAL CALCULATIONS</b>	

## Faculty Members of the IMHS

### **Dr. Isuru Wijesinghe (PhD) – "Lead Educator for this Course"**

- Senior Lecturer / Director IMHS
- PHD (USA) - Healthcare & Pharmaceutical Sciences
- MSc (USA) - Pharmaceutical Sciences
- BPharm Special (SL)
- Registered in Sri Lanka Medical Council
- LLB (Reading) (SL)
- 15 Years experiences in the field



### **Mrs. MGEJ Dharmasiri**

- Senior Lecturer / Director IMHS
- BPharm (Reading) (SL)
- Diploma in Pharmacy (Proficiency) (SL)
- Registered in Sri Lanka Medical Council
- Chief Pharmacist (Government)
- 14 Years experiences in the field



### **Dr. Niranga Meegaskada (MBBS)**

- **Senior Lecturer IMHS**
- **MBBS (SL)**
- **Senior Medical Officer (Government)**
- **Obstetrics and Gynecology**
- **14 Years experiences in the field**



### **Dr. P. Rasika Sanjeewa Pathirana (PhD)**

- **Senior Lecturer IMHS**
- **PHD (SL) in Plant Molecular genetics**
- **MSc (SL) in Biotechnology**
- **Msater of Arts**
- **B.Sc Molecular Biology & Biochemistry**
- **Diploma in Pharmaceutical Management & Practice**
- **Registered Sri Lanka Medical Council**
- **15 Years experiences in the field**



### **Mr. V Hari Harshan**

- **Senior Lecturer IMHS**
- **MPharm (India)**
- **BPharm Special (India)**
- **Registered in Sri Lanka Medical Council**
- **Head of Formulation Development (SL)**
- **10 Years experiences in the field**



### **Ms. GWT Madhumali**

- **Senior Lecturer IMHS**
- **BSc Nursing (Special) SL**
- **Registered Nurse (Nursing Council, SL)**
- **Nursing officer (Government)**
- **10 Years experiences in the field**



INSTITUTE OF MEDICINE AND  
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For more details

**077 802 5050**

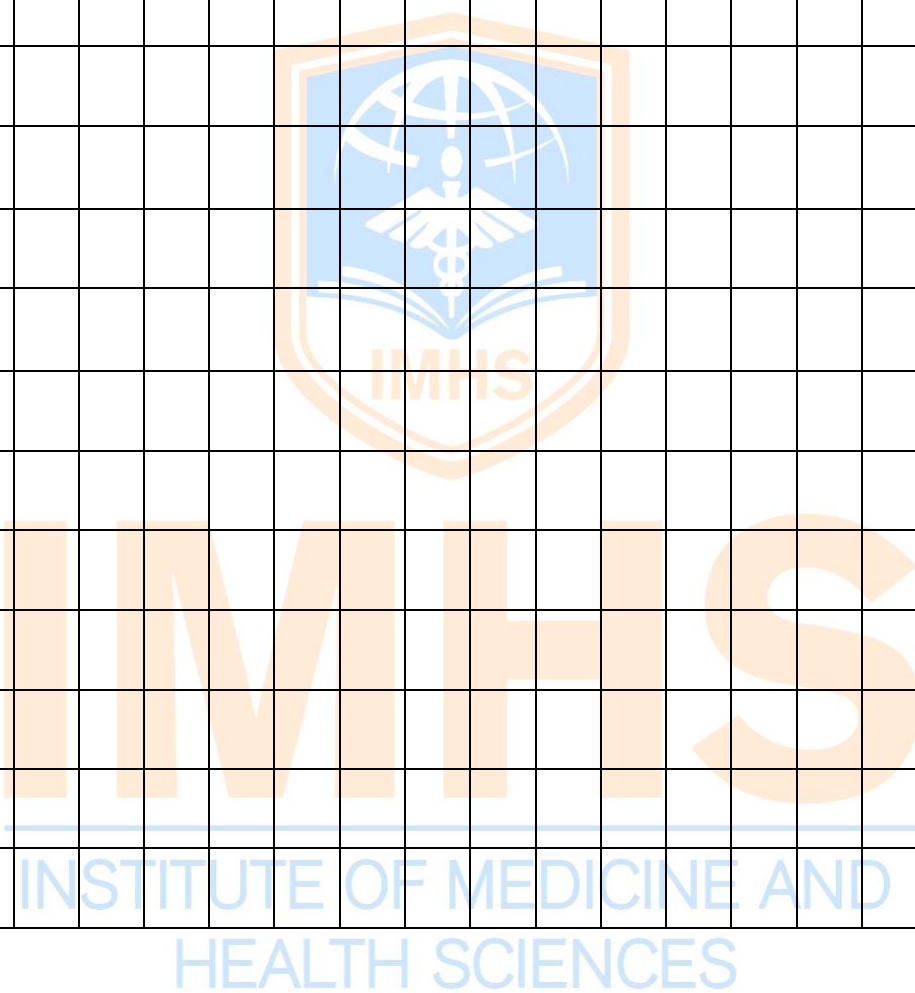


gmail :

info.imhsedu@gmail.com

## Assignments for Each Module

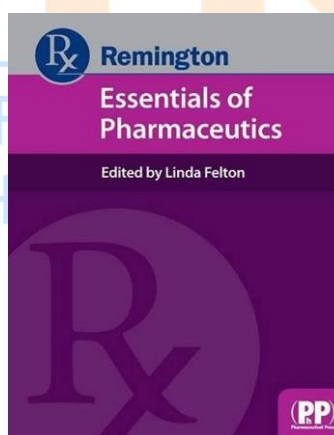
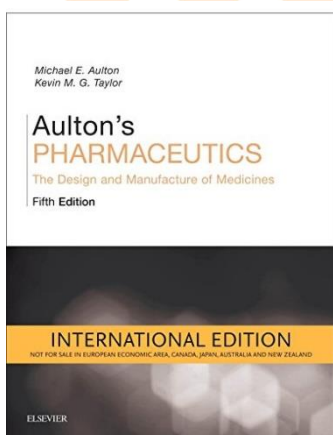
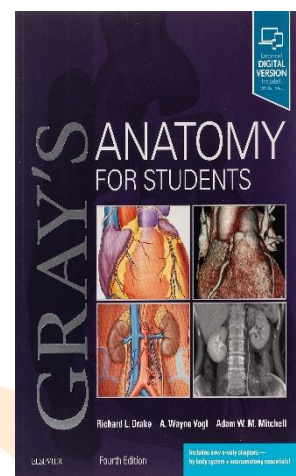
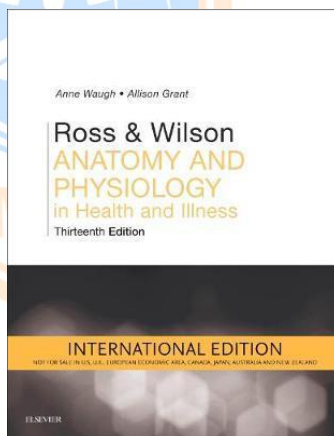
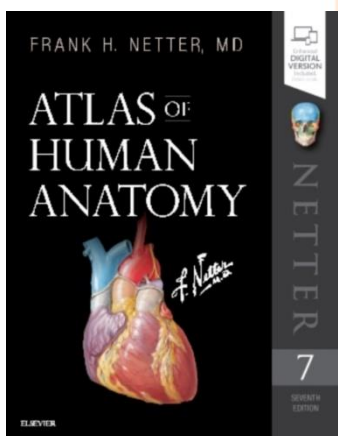
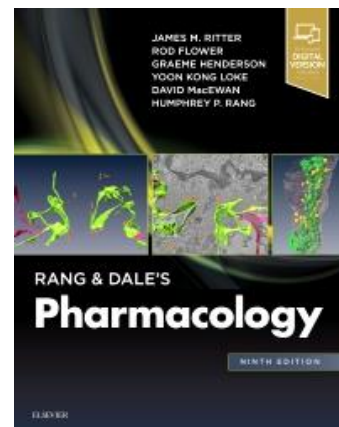
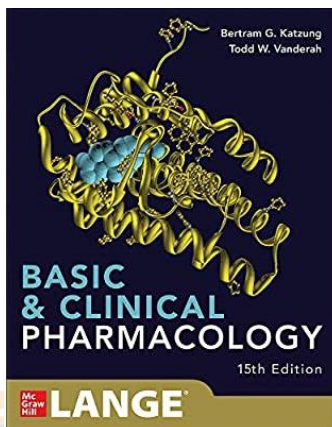
Student Reg. Number	Marks for Assignments																				
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## **RECOMMENDED BOOKS**

1. BRITISH NATIONAL FORMULARY
2. BASIC & CLINICAL PHARMACOLOGY BY BERTRAM KATZUNG
3. RANG & DALE'S PHARMACOLOGY
4. LIPPINCOTT ILLUSTRATED REVIEWS: PHARMACOLOGY  
(LIPPINCOTT ILLUSTRATED REVIEWS SERIES)
5. GOODMAN AND GILMAN MANUAL OF PHARMACOLOGY AND  
THERAPEUTICS (GOODMAN AND GILMAN'S MANUAL OF  
PHARMACOLOGY AND THERAPEUTICS)
6. ATLAS OF HUMAN ANATOMY, PROFESSIONAL EDITION
7. ROSS & WILSON ANATOMY AND PHYSIOLOGY IN HEALTH AND  
ILLNESS
8. GRAY'S ANATOMY FOR STUDENTS
9. AULTON'S PHARMACEUTICS
10. RAMINGTON ESSENTIALS OF PHARMACEUTICS
11. PHARMACEUTICAL MICROBIOLOGY, ESSENTIALS FOR QUALITY  
ASSURANCE AND QUALITY CONTROL
12. WHO GUIDELINES ON GMP
13. MHRA GUIDELINES ON GMP



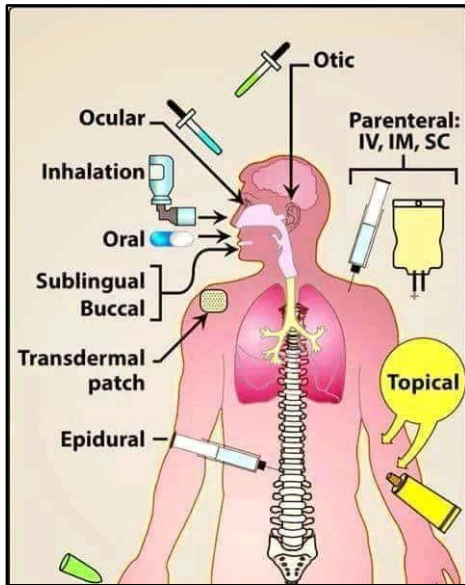


## Payment Details

<b>Instalment No (Monthly)</b>	<b>Amount (LKR)</b>
1	3500
2	3500
3	3500
4	3500
5	3500
6	3500
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9	3500
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15	3500
16	3500

## Routes of Administration

Routes of administration are methods for delivering drugs or substances into the body, varying from swallowing pills (oral) to injecting into the bloodstream (intravenous).



## Pharmaceutical Dosage Forms

Pharmaceutical dosage forms are the different physical forms in which medications are available, like tablets, capsules, or syrups, tailored for effective administration and patient convenience.



## **Pharmaceutical Ingredients**

Pharmaceutical ingredients are the essential components that make up medications, including the active compounds responsible for their therapeutic effects, as well as any inactive materials used for formulation.



## **Drug Development & Drug Product Lifecycle**

Drug development is the process of discovering and creating new medications, while the drug product lifecycle encompasses a drug's entire journey from development to approval, manufacturing, and market availability.



MEDICINE AND  
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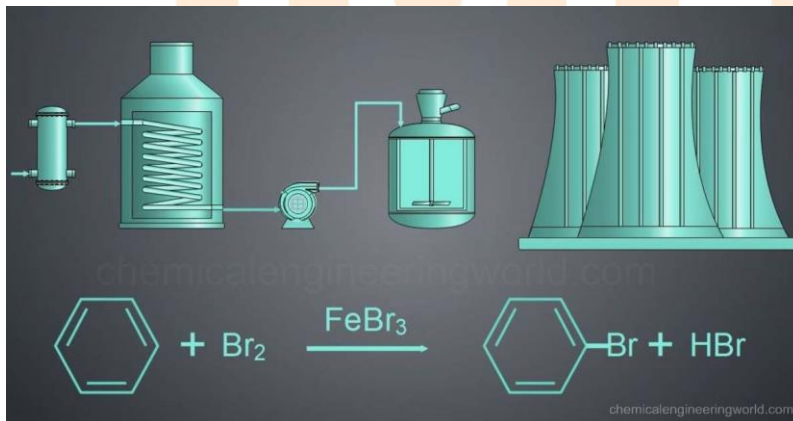
## Physical Pharmacy

Physical pharmacy focuses on the physical and chemical properties of drugs and how they relate to pharmaceutical formulation and drug delivery.



## Introduction to Unit Operations

Unit operations are core processes in chemical engineering that involve specific physical and chemical transformations, such as mixing, filtration, or distillation, used to convert raw materials into finished products.



## **Pharmaceutical Analysis**

Pharmaceutical analysis is a critical branch of pharmaceutical science that involves the qualitative and quantitative assessment of drugs and pharmaceutical products to ensure their safety, efficacy, and quality.



## **Solid Dosage Forms**

Solid dosage forms are pharmaceutical preparations that come in solid form, such as tablets or capsules, and are designed for oral administration. They provide a convenient and precise way to deliver medications.



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## Liquid Dosage Forms

Liquid dosage forms in the pharmaceutical industry are drug formulations that are in a liquid state, such as syrups, solutions, or suspensions. These forms are used when patients may have difficulty in swallowing solid forms.



## Semi-Solid Dosage Forms

Semi-solid dosage forms are pharmaceutical preparations such as creams and ointments, used for topical application to the skin or mucous membranes for localized drug delivery or skin treatment.



Lotion



Ointment



Cream



Paste

## **Sterile Products**

"Sterile products" refer to pharmaceutical preparations that are free from living microorganisms, making them suitable for injection, surgical procedures, or other applications where aseptic conditions are crucial to prevent infection.



## **Special Dosage Forms**

Special dosage forms in the pharmaceutical industry are tailored formulations designed for specific patient needs or unique delivery requirements, often outside of traditional solid, liquid, or semi-solid forms.





## **Packaging Material & Process**

Pharmaceutical packaging encompasses the materials and procedures used to securely and safely store and distribute medications, ensuring their quality and integrity.



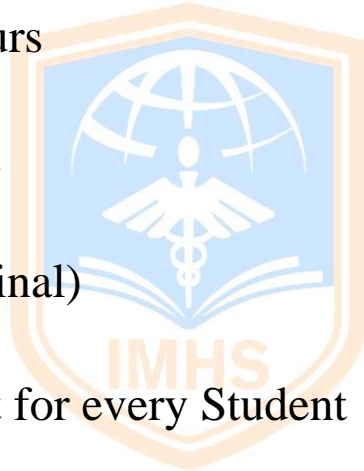
## **NMRA Regulations for Manufacturing & GMP**

NMRA (National Medicines Regulatory Authority) Regulations for Manufacturing and GMP (Good Manufacturing Practices) are essential quality standards in the Sri Lankan pharmaceutical industry. They ensure that pharmaceutical products are consistently produced and controlled to meet quality standards.



## Course Highlights

- Highly Qualified Lecturers
- SLMC Registration
- 300+ Lecture hours
- 20+ Assignments
- Exams (Mid & Final)
- Evaluation report for every Student
- Distance Learning (ONLINE)
- Diploma Certificate with Transcript



IMHS



## **About IMHS**

IMHS (Institute of Medicine & Health Sciences) was established in 2019 with the aim of facilitating Professional Healthcare Education for the professionals involved in the healthcare sector, students pursuing their studies in Healthcare & Medicine and the members of the general public who wishes to acquire & enhance their knowledge on health education.

Since the inception, over 3000 students have successfully completed the courses offered by IMHS



IMHS currently offers the below Professional programs for SLMC Registered Apprentice Students.



- Diploma In Pharmaceutical Sciences (SLMC Registration)
- Foundation Course On Pharmaceutical
- Advanced Course In Pharmaceutical Manufacturing
- Advanced Course In Pharmaceutical Law & Regulation
- Advanced Course In Hospital & Community Pharmacy Practices
- Full Revision Course – External Pharmacist Examination (SLMC Registration)
- Rapid Revision Course – External Pharmacist Examination (SLMC Registration)
- OSPE & VIVA – External Pharmacist Examination (SLMC Registration)
- English Course For Healthcare Professionals (Medical English Course)

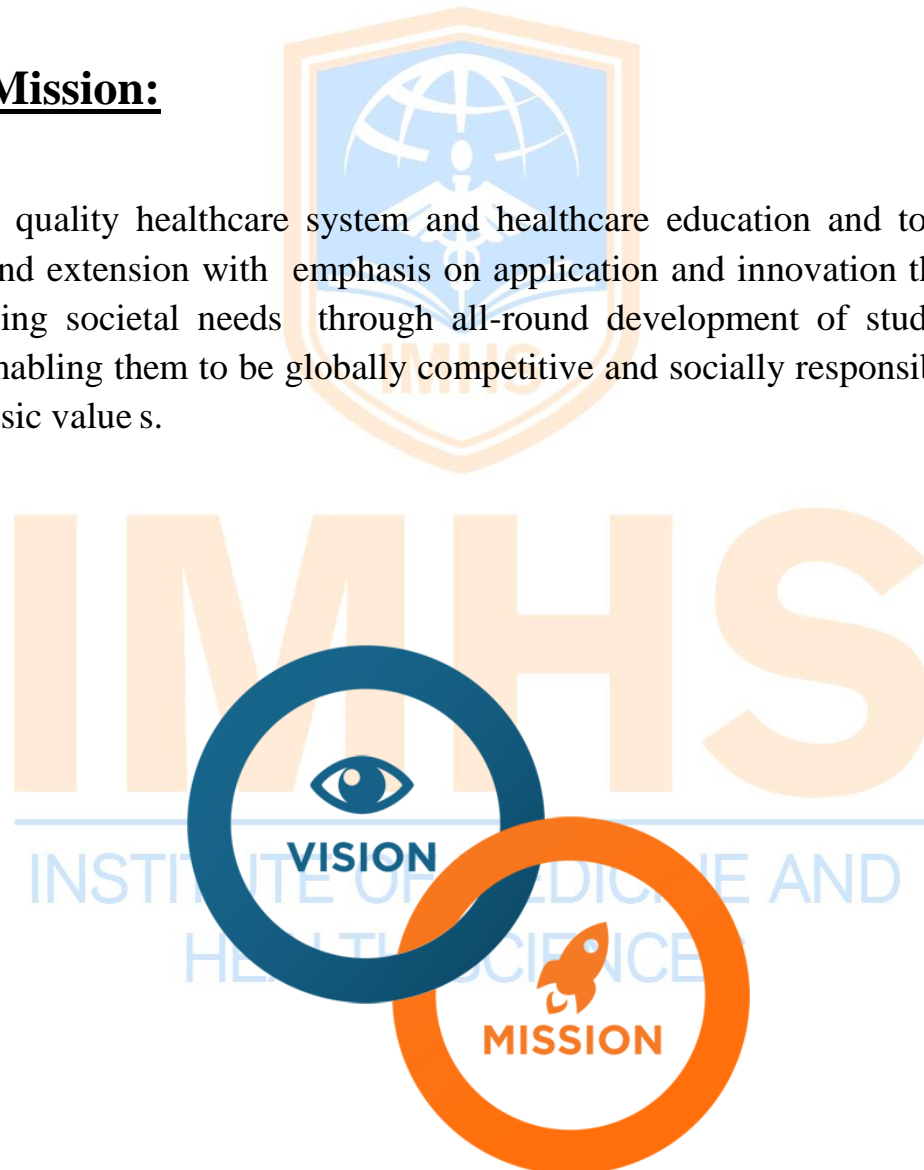
In addition to the above, our management team is tirelessly working on introducing novel program areas (attached full programs below).

## **IMHS Vision**

To be a globally renowned Healthcare Education Provider.

## **IMHS Mission:**

To impart quality healthcare system and healthcare education and to undertake research and extension with emphasis on application and innovation that cater to the emerging societal needs through all-round development of students of all sections enabling them to be globally competitive and socially responsible citizens with intrinsic values.



## **Chairman's / Managing Director's Message**

The Pharmaceutical Industry has been evolving in Sri Lanka and around the world, over the years. Technological advancements, process re-engineering, knowledge sharing & up-skilling have resulted in elevating the overall standards of the industry and its stakeholders.

We established IMHS in 2019, in order to facilitate and share up-to-date knowledge on a number of subject areas within the Pharmaceutical industry. The learned, professional panel of lecturers work tirelessly in developing, further improving & delivering quality course content to students across the subject areas of drug action on diseases, medicine legislation, patient counseling and good pharmaceutical manufacturing practices, to name a few.

By completing our courses successfully, you will be empowered with knowledge and skills related to become a professional in the pharmaceutical industry; may it be in a hospital, a retail or wholesale pharmacy, or even in a pharmaceutical manufacturing facility. Our result-driven subject curriculum & teaching methods will equip you with the required skills and knowledge, for career progressions within and beyond the Pharmaceutical Science industries.

### **R.M Isuru Gayashan Wijesinghe**

#### **Senior Lecturer**

PhD in Healthcare & Pharmaceutical Sciences, USA

M.Sc in Pharmaceutical Sciences, USA

BPharm (Special) Sri Lanka, LLB (Reading) SL



## Director's Message

Our journey at IMHS started with the aim of developing a center of globally known excellence in Pharmaceutical education in Sri Lanka. Toward achieving this dream, we promote high-quality education and training in pharmaceutical science as well as entrepreneurship and innovation that cater to emerging societal needs.

As a Pharmacist with years of knowledge and experience in the industry, I believe proper knowledge of medicine with good ethics makes our community healthier which is very important for the growth of our country. So, we are committed to creating a learning, innovative, scientific, and carefully planned course curriculum for our students. This will help them gain knowledge of Pharmaceutical industry and relevant skills to claim their professional place in healthcare.

So, I invite you to join us to embark on a meaningful and rewarding career where you can play a part to safeguard health by making quality drugs and imparting knowledge on the safe use of medicines.

**M.G.E.J Dharmasiri**

**Senior Lecturer**

BPharm (Reading), Sri Lanka

Diploma in Pharmacy, Sri Lanka

Chief Pharmacist - Government Hospital





**IMHS**  
INSTITUTE OF MEDICINE AND  
HEALTH SCIENCES



**KIU**  
Kannur International  
University

# IMHS SIGNED MOU WITH KIU

DATE : ON 5TH APRIL 2024 AT KIU



**IMHS**  
INSTITUTE OF MEDICINE AND  
HEALTH SCIENCES

077 802 50 50

[info.imhsedu@gmail.com](mailto:info.imhsedu@gmail.com)



**IMHS**  
INSTITUTE OF MEDICINE AND  
HEALTH SCIENCES



# IMHS SIGNED MOU WITH T L CARE CAMPUS PVT LTD

**DATE : ON 19TH APRIL 2024**



**IMHS**  
INSTITUTE OF MEDICINE AND  
HEALTH SCIENCES

077 802 50 50  
[info.imhsedu@gmail.com](mailto:info.imhsedu@gmail.com)





**IMHS**  
INSTITUTE OF MEDICINE AND  
HEALTH SCIENCES



# IMHS SIGNED MOU WITH SIPWAY CAMPUS PVT LTD

DATE : ON 19TH APRIL 2024



**IMHS**  
INSTITUTE OF MEDICINE AND  
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[info.imhsedu@gmail.com](mailto:info.imhsedu@gmail.com)

## IMHS Academic Goals

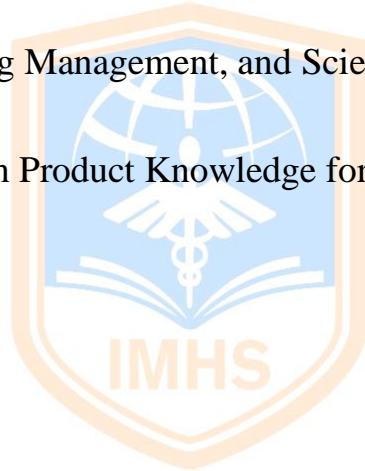
1. To offer a healthcare education pathway to healthcare professionals and the general public with the industrial and global requirements, and enhance the healthcare knowledge of the people.
2. To identify and introduce new education providing areas and incorporate curriculums and arrange relevant education high standard processes to the global.
3. To design and implement an educational system adhering to outcome-based international models
4. To introduce and implement innovation in the teaching and learning process to strengthen academic delivery



## **IMHS Courses:**

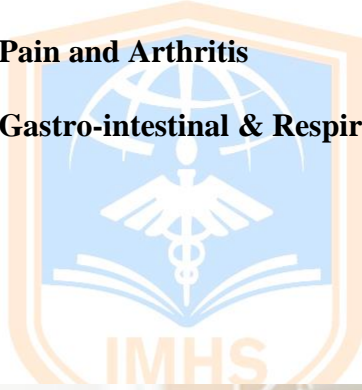
- Medication Handling and Safety for Caregivers
- Foundation Course on Pharmaceutical Sciences
  - Certificate Course on Pharmacy Practice (Assistant Pharmacist Course)
  - Certificate Course on “Basics of Pharmaceutical Manufacturing”
  - Advanced Courses on Pharmaceutical Manufacturing
  - Advanced Courses on Pharmaceutical Law and Regulation
  - Advanced Courses on Community Pharmacy Practices
  - Diploma in Pharmaceutical Sciences
- Pharmacists’ Course for Sri Lanka Medical Council (SLMC) registration
- Revision Courses – External Pharmacist Examination (SLMC Registration)
- OSPE & VIVA – External Pharmacist Examination (SLMC Registration)
- Higher Diploma in Pharmaceutical Sciences
- International Pharmacy Qualification Examinations (RPL)
- Pharmaceutical Marketing & Scientific Insights
- Professional Product training Courses for medical delegates & managers

- Skill Development for Pharmaceutical Industry Pharmaceutical Manufacturing (Production)
  - Skill Development for Pharmaceutical Industry Research & Development
  - Skill Development for Pharmaceutical Industry Quality Assurance
  - Pharmaceutical Marketing Management, and Scientific Insights
  - Professional Certificate in Product Knowledge for Medical Representatives & Managers
  - Caregiver courses
  - First aid courses
  - Occupational Safety & Health Courses
  - Physiotherapy courses
  - Medical English Course For Healthcare Professionals
  - Medical English Course For Medical Students (Beginner, Intermediate, Advanced)
- English courses for Medical Students
- Wound care management courses



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- Healthcare Education Courses for General Public
  - **First Aid Fundamentals for Everyone**
  - **Living Well with Diabetes**
  - **Healthy Pregnancy and Lactation Essentials (Pregnancy and Location)**
  - **Living Well with High Blood Pressure & High Blood Cholesterol**
  - **Living Well with Pain and Arthritis**
  - **Living Well with Gastro-intestinal & Respiratory Disorders**



Continuing Professional Development

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## **Educational Objectives of IMHS**

This program has been crafted with the following educational objectives:

### **1. Knowledge Expansion:**

- To broaden the understanding of healthcare professionals, colleagues, and the wider community regarding the intricacies of the pharmaceutical industry and the overall healthcare system.

### **2. Professional Development:**

- To cultivate a workforce that is both knowledgeable and competent, thereby enhancing the quality of personnel within the pharmaceutical sector and healthcare infrastructure.

### **3. Educational Advancement:**

- To establish a structured educational route that guides individuals through the complexities of the pharmaceutical landscape and healthcare services.

### **4. Career Exploration:**

- To spotlight the multitude of vocational opportunities available within the pharmaceutical field and healthcare system, thus informing and inspiring the public about potential career paths.

Each goal is aimed at not only enriching participants with knowledge but also at fostering a more efficient, informed, and prepared community of healthcare practitioners and industry professionals.

# IMHS CONVOCATION 2023



# IMHS CONVOCATION 2022





# IMHS GET-TOGETHER



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# IMHS HELPING HANDS PROGRAM



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## Dr Isuru Wijesinghe

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