



# **STUDENT HANDBOOK (2024)**

## **FOUNDATION COURSE ON PHARMACEUTICAL SCIENCES**

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NEW INTAKE

## Foundation Course on PHARMACEUTICAL SCIENCES

APPLY NOW



## ISURU WIJESINGHE

PhD USA / Bpharm (Special) SL



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# STUDENT HANDBOOK

## Foundation course on PHARMACEUTICAL SCIENCES

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# FOUNDATION COURSE ON PHARMACEUTICAL SCIENCES

## COURSE SYLLABUS

ACADEMIC YEAR 2023/24

LECTURE	CRITERIA
DAY 01	UNDERSTANDING THE COURSE CONTENT
LECTURE 01	THE ORIGIN OF DRUGS CLASSIFICATIONS OF DRUGS
LECTURE 02	PRESCRIPTION AND RATIONAL PRESCRIBING PRACTICES
LECTURE 03	BRITISH NATIONAL FORMULARY
LECTURE 04	ROUTES OF ADMINISTRATION
LECTURE 05	THE BODY AND ITS CONSTITUTION HUMAN ANATOMY & PYSIOLOGY

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<b>LECTURE 06</b>	<b>ANATOMY &amp; PHYSIOLOGY &amp; DISORDERS OF GIT</b>
<b>LECTURE 07</b>	<b>PEPTIC ULCER &amp; MEDICATIONS</b>
<b>LECTURE 08</b>	<b>CONSTIPATION &amp; MEDICATIONS</b>
<b>LECTURE 09</b>	<b>DIARRHEA &amp; MEDICATIONS</b>
<b>LECTURE 10</b>	<b>VOMITING MOTION SICKNESS &amp; MEDICATIONS</b>
<b>LECTURE 11</b>	<b>ANATOMY &amp; PHYSIOLOGY &amp; DISEASE OF RESPIRATORY SYSTEM</b>
<b>LECTURE 12</b>	<b>ASTHMA &amp; MEDICATIONS</b>
<b>LECTURE 13</b>	<b>ALLERGIES &amp; MEDICATIONS</b>
<b>LECTURE 14</b>	<b>DRUGS USED IN NASAL CONGESTION</b>
<b>LECTURE 15</b>	<b>ANATOMY PHYSIOLOGY DISESES CARDIOVASCULAR SYSTEM</b>

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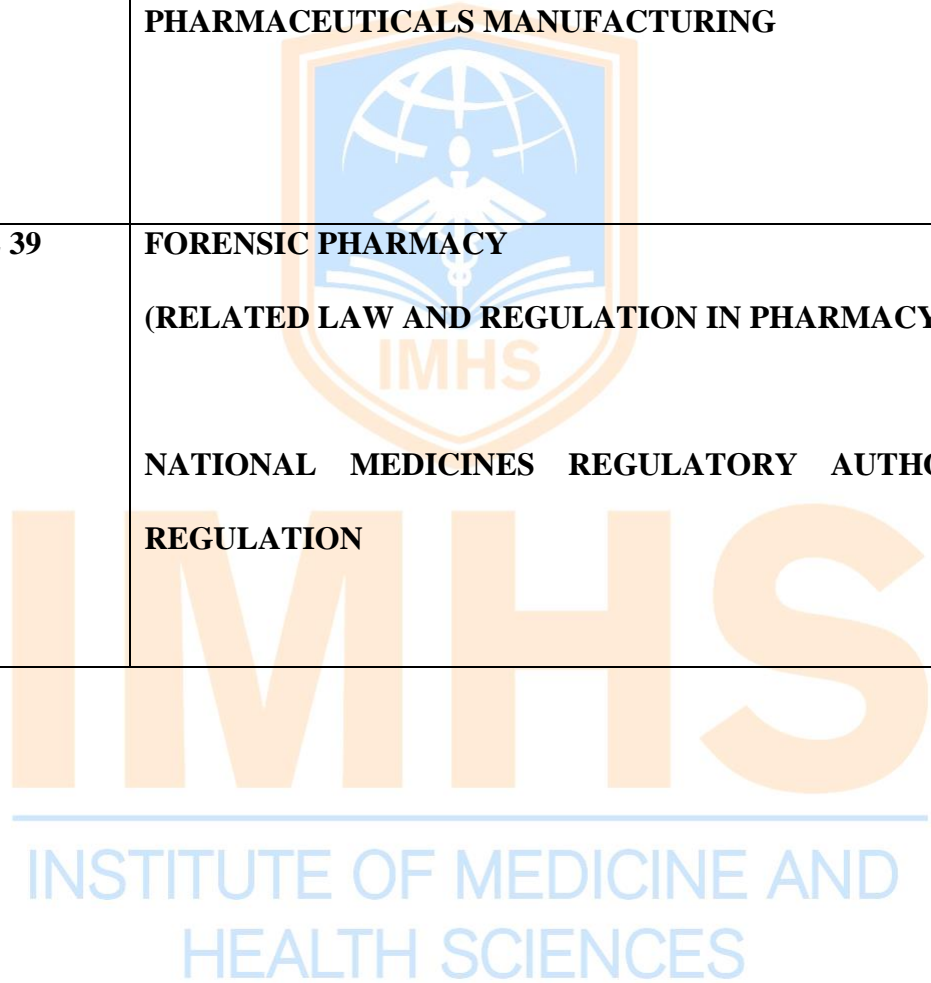
<b>LECTURE 16</b>	<b>HYPERTENSION &amp; MEDICATIONS</b>
<b>LECTURE 17</b>	<b>CARDIAC ARRHYTHMIA &amp; MEDICATIONS</b> <b>ANGINA &amp; MEDICATIONS</b> <b>HEART FAILURE &amp; MEDICATIONS</b>
<b>LECTURE 18</b>	<b>HYPERLIPIDEMIA &amp; MEDICATIONS</b>
<b>LECTURE 19</b>	<b>URINARY SYSTEM &amp; DIURETICS</b>
<b>LECTURE 20</b>	<b>THYROID GLAND</b> <b>HYPERTHYROIDISM &amp; MEDICATIONS</b> <b>HYPOTHYROIDISM &amp; MEDICATIONS</b>
<b>LECTURE 21</b>	<b>PANCREAS</b> <b>DIABETES MELLITUS &amp; MEDICATIONS</b>
<b>LECTURE 22</b>	<b>ADRENAL GLAND</b> <b>STEROID MEDICATIONS</b>

<b>LECTURE 23</b>	<b>BONE &amp; BONE RELATED DISORDERS &amp; MEDICATIONS</b>
<b>LECTURE 24</b>	<b>REPRODUCTIVE SYSTEM &amp; MEDICATIONS</b> <b>CONTRACEPTIVES</b>
<b>LECTURE 25</b>	<b>BACTERIAL INFECTIONS &amp; ANTIBACTERIAL MEDICATIONS</b>
<b>LECTURE 26</b>	<b>VIRAL INFECTIONS &amp; ANTIVIRAL MEDICATIONS</b>
<b>LECTURE 27</b>	<b>FUNGAL INFECTIONS &amp; ANTIFUNGAL MEDICATIONS</b>
<b>LECTURE 28</b>	<b>HELMINTHIC INFECTIONS &amp; ANTHELMINTIC MEDICATIONS</b>
<b>LECTURE 29</b>	<b>PROTOZOAN INFECTIONS &amp; ANTIPROTOZOAL MEDICATIONS</b>
<b>LECTURE 30</b>	<b>TUBERCULOSIS &amp; LEPROSY</b>
<b>LECTURE 31</b>	<b>ANTI-INFLAMMATORY DRUGS</b>
<b>LECTURE 32</b>	<b>GOUT ARTHRITIS</b>

<b>LECTURE 33</b>	<b>PAIN AND ANALGESICS</b>
<b>LECTURE 34</b>	<b>ANAESTHETICS</b>
<b>LECTURE 35</b>	<b>IMMUNIZATION</b>  <b>IMMUNITY, VACCINES , IMMUNE GLOBULINS AND OTHER BIOLOGICAL PRODUCTS</b>
<b>LECTURE 36</b>	<b>POISON AND ANTIDOTES</b>  <b>TOXICITY</b> <b>ANTIDOTES</b> <b>CHEMOTHERAPEUTIC DRUGS</b>
<b>LECTURE 37</b>	<b>HUMAN NERVOUS SYSTEM &amp; MEDICATIONS FOR CNS DISORDERS</b>



<p><b>LECTURE 38</b></p>	<p><b>PHARMACEUTICS</b></p> <p><b>PHARMACEUTICALS DOSAGE FORMS</b></p> <p><b>PHARMACEUTICALS PACKAGING AND STORAGE</b></p> <p><b>PHARMACEUTICALS MANUFACTURING</b></p>
<p><b>LECTURE 39</b></p>	<p><b>FORENSIC PHARMACY</b>  <b>(RELATED LAW AND REGULATION IN PHARMACY FIELD)</b></p> <p><b>NATIONAL MEDICINES REGULATORY AUTHORITY ACT AND REGULATION</b></p>



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The 'Foundation Course on Pharmaceutical Sciences' is meticulously designed to provide a comprehensive overview of the pharmaceutical field. This course encompasses a spectrum of critical subjects that form the backbone of pharmaceutical knowledge:

- **Human Anatomy:**

- An in-depth exploration of the human body's structure, providing a foundational understanding for medical and healthcare professionals.

- **Human Physiology:**

- A study of the human body's functions, essential for grasping the complex biological processes within the body.

- **Human Pathophysiology:**

- Insight into various diseases, focusing on their causes and effects on the body's systems.

- **Pharmacology:**

- A detailed examination of drug actions, including therapeutic effects and mechanisms of action, critical for the development and usage of medications.

- **Microbiology and Immunology:**

- These modules delve into infectious diseases and immune system responses, paving the way for the creation of new antimicrobial treatments and vaccines.

- **Toxicology:**

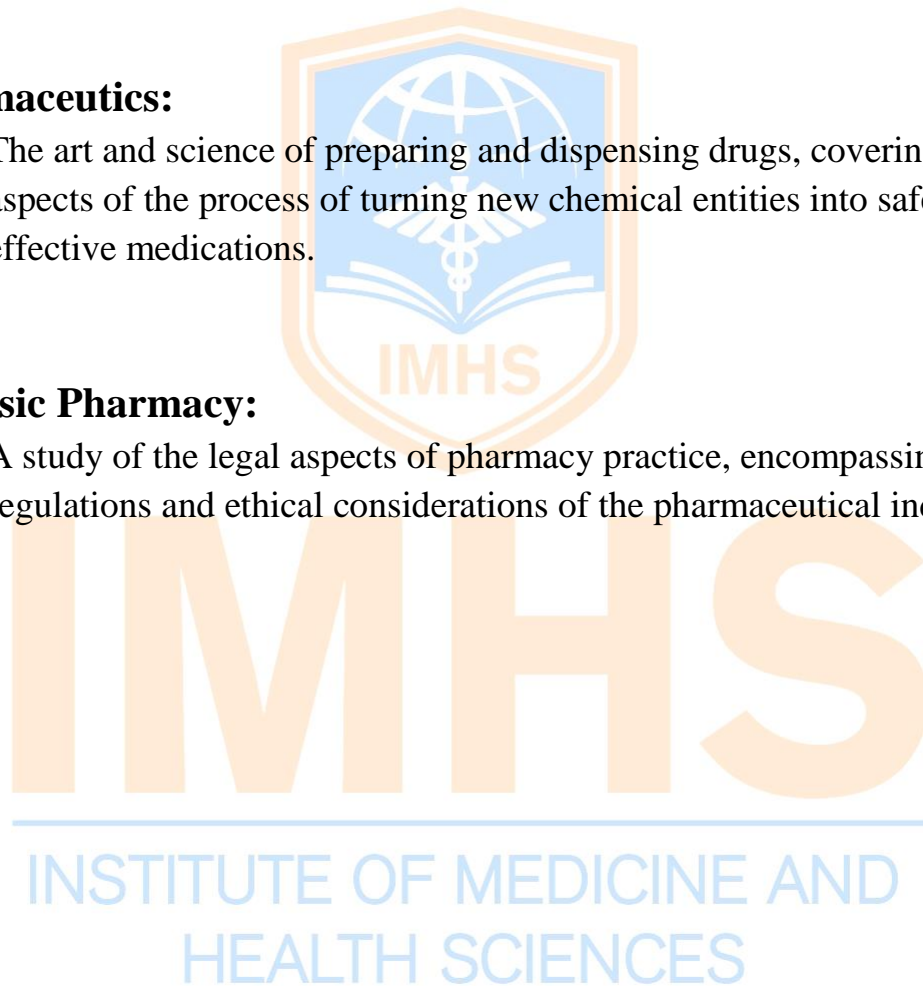
- The science of understanding the harmful interactions between chemicals and living organisms, vital for assessing drug safety and environmental health.

- **Pharmaceutics:**

- The art and science of preparing and dispensing drugs, covering all aspects of the process of turning new chemical entities into safe and effective medications.

- **Forensic Pharmacy:**

- A study of the legal aspects of pharmacy practice, encompassing the regulations and ethical considerations of the pharmaceutical industry.



## Faculty Members of the IMHS

### **Dr. Isuru Wijesinghe (PhD) – Leading Lecturer to this Course**

- Senior Lecturer / Director IMHS
- PHD (USA) - Healthcare & Pharmaceutical Sciences
- MSc (USA) - Pharmaceutical Sciences
- BPharm Special (SL)
- Registered in Sri Lanka Medical Council
- LLB (Reading) (SL)
- 15 Years experiences in the field



### **Mrs. MGEJ Dharmasiri**

- Senior Lecturer / Director IMHS
- BPharm (Reading) (SL)
- Diploma in Pharmacy (Proficiency) (SL)
- Registered in Sri Lanka Medical Council
- Chief Pharmacist (Government)
- 14 Years experiences in the field



**Dr. Niranga Meegaskada (MBBS)**

- Senior Lecturer IMHS
- MBBS (SL)
- Senior Medical Officer (Government)
- Obstetrics and Gynecology
- 14 Years experiences in the field



**Dr. P. Rasika Sanjeewa Pathirana (PhD)**

- Senior Lecturer IMHS
- PHD (SL) in Plant Molecular genetics
- MSc (SL) in Biotechnology
- Msater of Arts
- B.Sc Molecular Biology & Biochemistry
- Diploma in Pharmaceutical Management & Practice
- Registered Sri Lanka Medical Council
- 15 Years experiences in the field





### **Mr. V Hari Harshan**

- **Senior Lecturer IMHS**
- **MPharm (India)**
- **BPharm Special (India)**
- **Registered in Sri Lanka Medical Council**
- **Head of Formulation Development (SL)**
- **10 Years experiences in the field**



### **Ms. GWT Madhumali**

- **Senior Lecturer IMHS**
- **BSc Nursing (Special) SL**
- **Registered Nurse (Nursing Council, SL)**
- **Nursing officer (Government)**
- **10 Years experiences in the field**



## Course highlights

- Highly Qualified Lecturers
- 60 + Lecture Hours
- Distance Learning (ONLINE)
- Provide Recordings
- Unlimited Access of Lecture Recordings
- Modules
- Oral and Written Tests
- Evaluation report for every Student
- Certificate with Transcript

**\*\*\* IMHS will issue the “Certificate” on completion of this Course**

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## **Admission criteria**

**Candidates aspiring to join our esteemed program are invited to present one of the following qualifications:**

**Academic Excellence:** (Minimum) GCE Ordinary Level certification from Sri Lanka or an equivalent qualification, demonstrating a strong foundational education.

**Professional Registration:** Current registration as a Pharmacist with the Sri Lanka Medical Council, reflecting a recognized level of professional competence.

**Dedicated Apprenticeship:** At least one year of committed study as an apprentice pharmacist, indicating practical experience and ongoing learning.

**Industry Involvement:** Individuals who are either newly embarking upon or have established a career in the pharmaceutical industry, with a keen interest in further professional development.

We warmly encourage those who meet any of the above criteria to consider this opportunity as a step towards advancing their professional journey.

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## **Course Assignments**

01) Prescription book for ‘**Good Pharmacy and Dispensing Practices**’

02) Identification of categories of medicine in pharmaceutical industry

- Solid preparation
- Semi-solid preparation
- Liquid preparation
- Pediatrics dosage form
- Pharmaceutical devices
- Sterile Pharmaceutical devices
- Non-sterile Pharmaceutical devices
- Herbal products
- Veterinary products
- Diagnostic instrument
- Contraceptives
- Dietary supplements
- Sanitary products
- Borderline products



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- Products with blisters
- Products with Strips
- Products with Bottles
- Products with Vials
- Products with Ampoules
- Products with Injection syringes
- Products with Cartridges
- Products with Tubes
- Products with Single dose containers
- Products with Pressurize containers

### 03) Written Papers



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## **Educational Objectives of IMHS**

This program has been crafted with the following educational objectives:

### **1. Knowledge Expansion:**

- To broaden the understanding of healthcare professionals, colleagues, and the wider community regarding the intricacies of the pharmaceutical industry and the overall healthcare system.

### **2. Professional Development:**

- To cultivate a workforce that is both knowledgeable and competent, thereby enhancing the quality of personnel within the pharmaceutical sector and healthcare infrastructure.

### **3. Educational Advancement:**

- To establish a structured educational route that guides individuals through the complexities of the pharmaceutical landscape and healthcare services.

### **4. Career Exploration:**

- To spotlight the multitude of vocational opportunities available within the pharmaceutical field and healthcare system, thus informing and inspiring the public about potential career paths.

Each goal is aimed at not only enriching participants with knowledge but also at fostering a more efficient, informed, and prepared community of healthcare practitioners and industry professionals.

## **Program's Outcomes**

### **1. Anatomical and Physiological Acumen:**

- A profound comprehension of the architecture and operations of the human form, afforded by our modules in Human Anatomy and Physiology.

### **2. Medicinal Proficiency:**

- An insightful understanding of contemporary pharmaceuticals, embracing their therapeutic applications, administration methods, and other essential particulars.

### **3. Pharmaceutical Insight:**

- A solid grounding in the vibrant pharmaceutical sector, including the pivotal processes of drug development and manufacturing.

### **4. Regulatory Wisdom:**

- A thorough awareness of the legal frameworks, regulatory requirements, and ethical considerations that underpin the pharmaceutical industry.

### **5. Research Literacy:**

- An enhanced appreciation for the ongoing research and development initiatives that propel the pharmaceutical field forward.

### **6. Communicative Excellence:**

- An adeptness in engaging with and disseminating healthcare services via pharmaceutical channels to the community, ensuring clear and effective communication.

We trust that these outcomes will not only enrich our participants' professional endeavors but also contribute significantly to the community's wellbeing.

## **JOB OPPORTUNITIES**

- Research and Development related to the Pharmaceutical industry
  - Clinical Research Coordinator
  - Clinical Project Manager
  - Pharmaceutical Research Scientist
- Sales & Marketing related to the Pharmaceutical industry
  - Pharmaceutical Marketing Manager
  - Pharmaceutical Sales Representative
  - Clinical Research Associate
- Academia
  - Lecturer
  - Pharmaceutical Education Coordinator
  - Curriculum Developer
  - Educational Researcher
  - Clinical Skills Trainer
  - Tutor
  - Online Course Instructor



- Entrepreneurship

- Pharmacy Chain
- Pharmaceutical Distribution Business
- Pharmaceutical Import-Export Business
- Pharmaceutical Consulting Firm
- Medical Writer



- Clinical & Hospital

- Pharmacy Technician
- Pharmacy Manager
- Pharmacy Informatics Specialist
- Pharmacy Clinical Coordinator
- Medication Safety Officer



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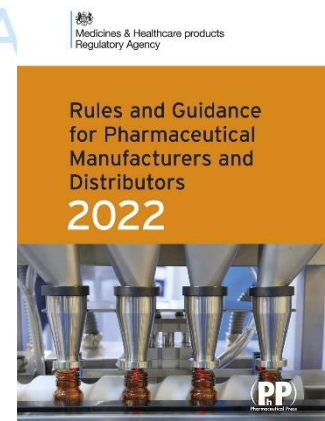
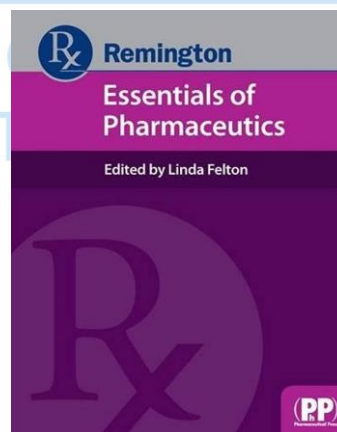
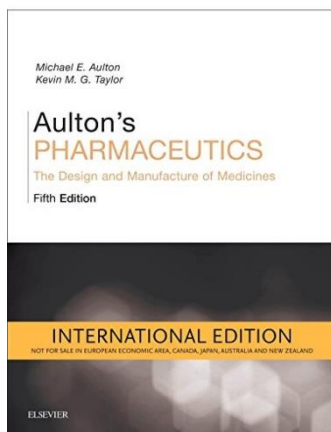
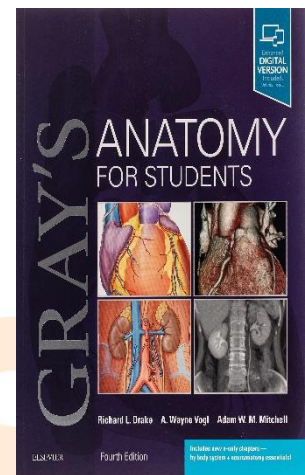
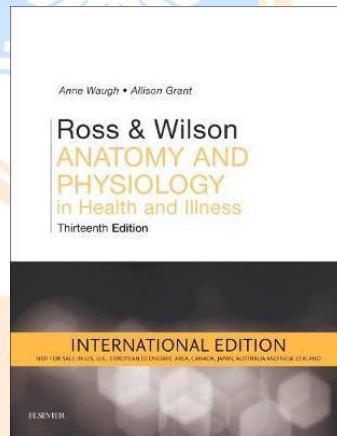
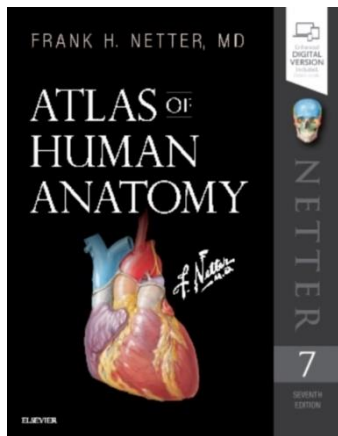
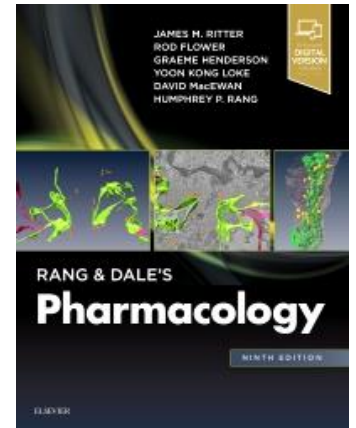
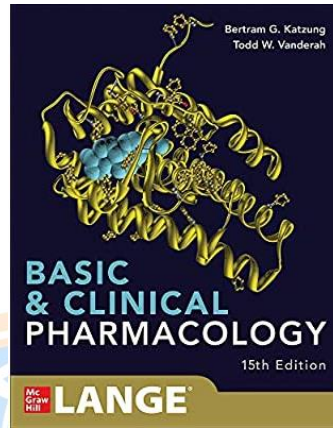
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## **RECOMMENDED BOOKS**

1. BRITISH NATIONAL FORMULARY
2. BASIC & CLINICAL PHARMACOLOGY BY BERTRAM KATZUNG
3. RANG & DALE'S PHARMACOLOGY
4. LIPPINCOTT ILLUSTRATED REVIEWS: PHARMACOLOGY  
(LIPPINCOTT ILLUSTRATED REVIEWS SERIES)
5. GOODMAN AND GILMAN MANUAL OF PHARMACOLOGY AND  
THERAPEUTICS (GOODMAN AND GILMAN'S MANUAL OF  
PHARMACOLOGY AND THERAPEUTICS)
6. ATLAS OF HUMAN ANATOMY, PROFESSIONAL EDITION
7. ROSS & WILSON ANATOMY AND PHYSIOLOGY IN HEALTH AND  
ILLNESS
8. AULTON'S PHARMACEUTICS
9. RAMINGTON ESSENTIALS OF PHARMACEUTICS
10. PHARMACEUTICAL MICROBIOLOGY, ESSENTIALS FOR QUALITY  
ASSURANCE AND QUALITY CONTROL
11. WHO GUIDELINES ON GMP
12. MHRA GUIDELINES ON GMP

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## **About IMHS**

IMHS (Institute of Medicine & Health Sciences) was established in 2019 with the aim of facilitating Professional Healthcare Education for the professionals involved in the healthcare sector, students pursuing their studies in Healthcare & Medicine and the members of the general public who wishes to acquire & enhance their knowledge on health education.

Since the inception, over 3000 students have successfully completed the courses offered by IMHS.



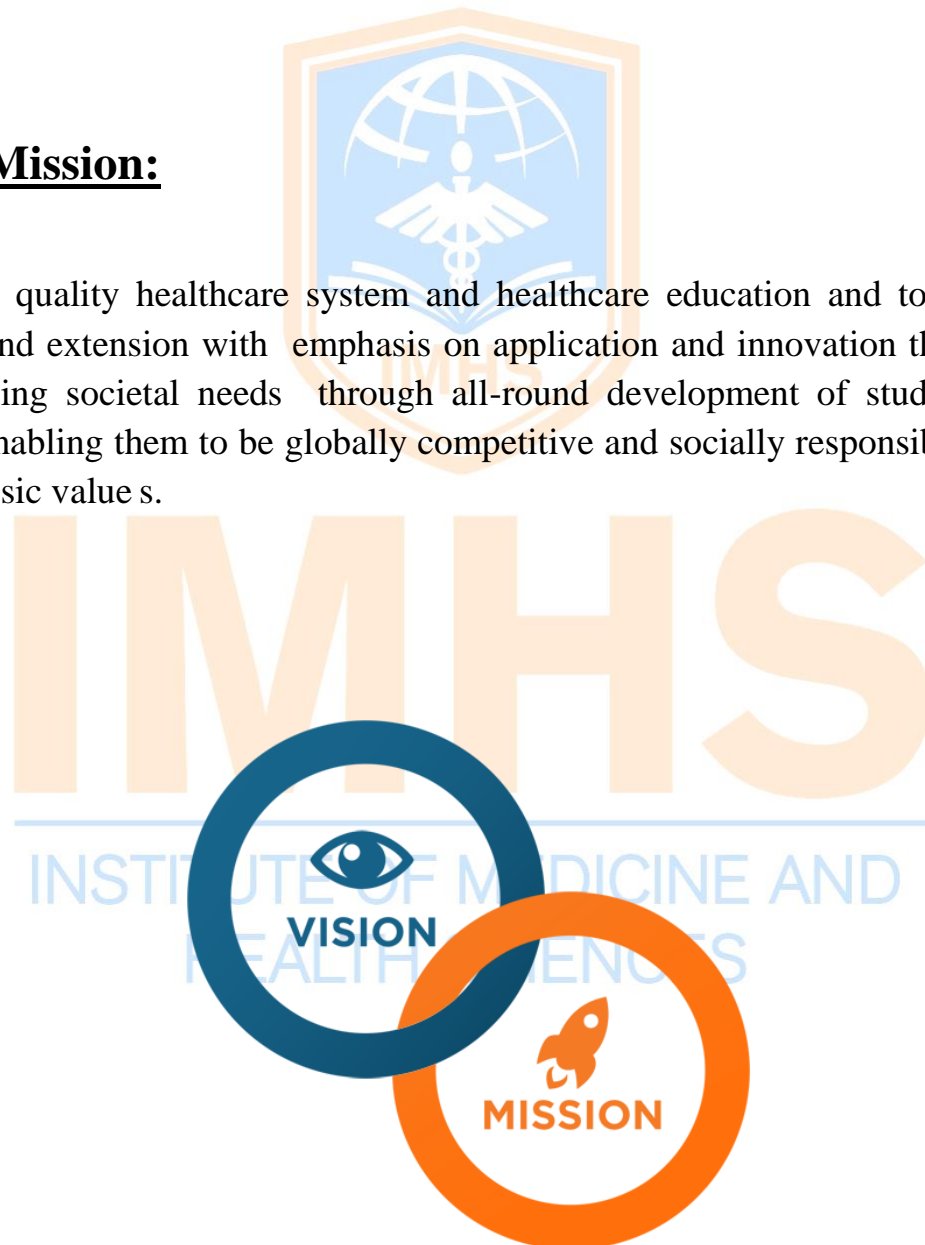
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## **IMHS Vision**

To be a globally renowned Healthcare Education Provider.

## **IMHS Mission:**

To impart quality healthcare system and healthcare education and to undertake research and extension with emphasis on application and innovation that cater to the emerging societal needs through all-round development of students of all sections enabling them to be globally competitive and socially responsible citizens with intrinsic values.



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## Chairman's / Managing Director's Message

The Pharmaceutical Industry has been evolving in Sri Lanka and around the world, over the years. Technological advancements, process re-engineering, knowledge sharing & up-skilling have resulted in elevating the overall standards of the industry and its stakeholders.

We established IMHS in 2019, in order to facilitate and share up-to-date knowledge on a number of subject areas within the Pharmaceutical industry. The learned, professional panel of lecturers work tirelessly in developing, further improving & delivering quality course content to students across the subject areas of drug action on diseases, medicine legislation, patient counseling and good pharmaceutical manufacturing practices, to name a few.

By completing our courses successfully, you will be empowered with knowledge and skills related to become a professional in the pharmaceutical industry; may it be in a hospital, a retail or wholesale pharmacy, or even in a pharmaceutical manufacturing facility. Our result-driven subject curriculum & teaching methods will equip you with the required skills and knowledge, for career progressions within and beyond the Pharmaceutical Science industries.

### **R.M Isuru Gayashan Wijesinghe**

**Senior Lecturer**

PhD in Healthcare & Pharmaceutical Sciences, USA

M.Sc in Pharmaceutical Sciences, USA

BPharm (Special) Sri Lanka, LLB (Reading) SL



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## Director's Message

Our journey at IMHS started with the aim of developing a center of globally known excellence in Pharmaceutical education in Sri Lanka. Toward achieving this dream, we promote high-quality education and training in pharmaceutical science as well as entrepreneurship and innovation that cater to emerging societal needs.

As a Pharmacist with years of knowledge and experience in the industry, I believe proper knowledge of medicine with good ethics makes our community healthier which is very important for the growth of our country. So, we are committed to creating a learning, innovative, scientific, and carefully planned course curriculum for our students. This will help them gain knowledge of Pharmaceutical industry and relevant skills to claim their professional place in healthcare.

So, I invite you to join us to embark on a meaningful and rewarding career where you can play a part to safeguard health by making quality drugs and imparting knowledge on the safe use of medicines.

### **M.G.E.J Dharmasiri**

#### **Senior Lecturer**

BPharm (Reading), Sri Lanka

Diploma in Pharmacy, Sri Lanka

Chief Pharmacist - Government Hospital



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## **IMHS Academic Goals**

1. To offer a healthcare education pathway to healthcare professionals and the general public with the industrial and global requirements, and enhance the healthcare knowledge of the people.
2. To identify and introduce new education providing areas and incorporate curriculums and arrange relevant education high standard processes to the global.
3. To design and implement an educational system adhering to outcome-based international models
4. To introduce and implement innovation in the teaching and learning process to strengthen academic delivery



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## **IMHS Courses:**

- Medication Handling and Safety for Caregivers
- Foundation Course on Pharmaceutical Sciences
  - Certificate Course on Pharmacy Practice (Assistant Pharmacist Course)
  - Certificate Course on “Basics of Pharmaceutical Manufacturing”
  - Advanced Courses on Pharmaceutical Manufacturing
  - Advanced Courses on Pharmaceutical Law and Regulation
  - Advanced Courses on Community Pharmacy Practices
  - Diploma in Pharmaceutical Sciences
- Pharmacists’ Course for Sri Lanka Medical Council (SLMC) registration
- Revision Courses – External Pharmacist Examination (SLMC Registration)
- OSPE & VIVA – External Pharmacist Examination (SLMC Registration)
- Higher Diploma in Pharmaceutical Sciences

- Skill Development for Pharmaceutical Industry Pharmaceutical Manufacturing (Production)
- Skill Development for Pharmaceutical Industry Research & Development
- Skill Development for Pharmaceutical Industry Quality Assurance
- Pharmaceutical Marketing Management, and Economic Insights
- Medical English Course For Healthcare Professionals
- Medical English Course For Medical Students
- Healthcare Education Courses for General Public
  - **First Aid Fundamentals for Everyone**
  - **Living Well with Diabetes**
  - **Healthy Pregnancy and Lactation Essentials (Pregnancy and Location)**
  - **Living Well with High Blood Pressure & High Blood Cholesterol**
  - **Living Well with Pain and Arthritis**
  - **Living Well with Gastro-intestinal & Respiratory Disorders**

**IMHS CONVOCATION 2023**

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**CONVOCATION 2023**  
9th April 2023

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# IMHS CONVOCATION 2022



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# IMHS GET-TOGETHER



**IMHS** INSTITUTE OF MEDICINE AND HEALTH SCIENCES **Get Together** SUNDAY, 25TH SEPTEMBER, 2022



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## IMHS HELPING HANDS PROGRAM



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**Pharmaceutical, Nursing, Medical Delegates, Care Giving**  
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